



Volunteer Role	Bright Stars Well-Being Mentor
Overview	A community Organisation supporting women and young women to make positive choices for their health and wellbeing, by way of, counselling, support and drop-in clinics
Location of position	Crewe, Winsford and surrounding areas
Job purpose	As a Mentor, your role will be taking an interest and caring for the development of the Mentee. Providing guidance and support along their journey - <ul style="list-style-type: none"> • Giving them insight so as they can gain an accurate understanding of themselves • Assisting them with practical tips • Offering advice and guidance • Developing understanding, skills, and support with problem-solving • Encouraging reflection, recognising and acknowledging effective practice • Working through Motherwell chosen Reflective & Growth Models • Identifying areas for development and improvement of self-confidence
Time commitment	Approx. 3 hours per month (based on 2 Mentee's over a 12 month period) Varied Days
Key responsibilities and accountabilities	<ul style="list-style-type: none"> • Face to face & Telephone contact • Working closely with other projects within Motherwell and building relations • Attend meetings and social events with Mentee • Ensuring paperwork is up to date • Reports on mentees progression
Additional responsibilities	<ul style="list-style-type: none"> ▪ Attend team meetings ▪ Attend referring agency meetings ▪ Attend at least 3 annual fundraisers
Training and Support	<ul style="list-style-type: none"> ▪ Induction to organisation ▪ Mentoring training ▪ Safeguarding training ▪ Health & Safety training ▪ GDPR Training
Reimbursement of expenses	Out of pocket expenses will be reimbursed: <ul style="list-style-type: none"> ▪ mileage costs @ 45p per mile up to a maximum ▪ public transport up to a maximum of £25 per return trip
Contact Information	hr@motherwellcheshirecio.com