










# WOMEN IN THE WORKPLACE PLEDGE

In signing this pledge we  
commit to:

-  **Recognising, understanding and supporting women's health in the workplace**
-  **Tackling stigmas and taboos around women's health**
-  **Creating a safe and inclusive environment for open and respectful conversations around women's health**
-  **Having a menopause and menstruation policy in the workplace**
-  **Having a Menopause Champion**
-  **Having an Infant Loss Champion**
-  **Promoting regular awareness and understanding opportunities for women's health to increase knowledge for the whole workforce**

Organisation Name:

Signed:

Date: